**Potato Soup Jar Meal**

3 cups dehydrated potato chunks

1/3 cup dehydrated carrots

2/3 cup potato flakes (Instant Potatoes)

1 tsp Salt

¼ tsp all-purpose seasoning

½ cup butter powder

3 Tbsp chicken bouillon powder

½ tsp black pepper

2 TB sour cream Powder (optional)

1. Add entire jar meal to 10-12 cups of water. Bring it all to boil and simmer for 20 minutes.
2. The soup should be thick and ready to eat. You can add cream or more butter to taste. Try other spices to taste.

To assemble:

1. Add ingredients in order of recipe into a wide mouth jar. Shake the powders and spices down into the potato chunks and diced carrots in order to fit everything.
2. Add wipe rim and add oxygen absorber. Cap with lid and ring. Label and store in cool, dry and dark environment.
3. Alternative: Add ingredients into a mylar bag. Add oxygen absorber. Seal and label.

Instant Pot instructions:

1. Add contents of jar to instant pot. Add 10 cups of water. Stir to mix.
2. Set to Pressure cook for 3 mins.
3. Natural release for 5-10 mins.